



## Bristol Orienteering Klub (BOK) Urban & Park Series

Wednesday 19<sup>th</sup> July 2017  
Dursley

- Car Parking:** In the car park of The Pulse leisure centre, Castle St, Dursley GL11 4BS
- Map:** 1:5,000, overprinted with course and descriptions on waterproof paper, size A3. Loose control descriptions will also be available. Map updated and extended since last year.
- Terrain:** Urban, parks, school campus, paths (some off-road), minor roads, fences, and contours. All-terrain footwear recommended.
- Courses:** Orange 2.2 km, Green 4.0 km, Blue 6.0 km. Juniors (under 16) are expected to run the orange course. Juniors on all other courses must be accompanied by a responsible adult (see separate note at registration, or [download](#)). There are courses suitable for beginners of all ages; help and advice available on the day.
- Registration:** 5.30pm – 7.30pm, in front of The Pulse.
- Start/Closure** Starts 6.00pm – 7.30pm, approx. 200m from registration. **Courses close at 8.30 pm prompt** as we need to vacate an area that is used on all courses.
- Entry Fee:** Juniors and students £3, seniors £6. Entries are available via [www.fabian4.co.uk](http://www.fabian4.co.uk). Entries on the day will be required to complete a details form, which they can [download](#) or obtained at registration.  
Dibbers are available for hire: £1.50 for seniors and free for juniors and students free. Lost dibbers will be charged at £30.
- Facilities:** Toilets and changing rooms available in The Pulse. A first aider will be in attendance. Sainsbury's is next to The Pulse, and the Old Spot pub is very close.
- Safety:** All courses cross some minor roads – take care when doing so, and observe normal road safety precautions. The Orange course has a marshalled crossing point over one minor road. Competitors must obey the marshal's instructions. Some competitors may choose to run on a footway alongside busy A-road for a short distance; again, observe normal road safety precautions. Green and Blue courses involve some off-road sloped paths which can be slippery when wet.  
  
All competitors take part at their own risk and are responsible for their own safety
- Dogs:** No dogs on courses.
- Officials:** Organiser: Tim Britton [teegeebritton@gmail.com](mailto:teegeebritton@gmail.com)  
Co-ordinator: Mike Forrest [mike@forrests.org.uk](mailto:mike@forrests.org.uk), 07774 626850.
- Data Protection:** Your personal information provided for this event or obtained from registration databases will be used to process your entry, publish results, check for missing runners and trace missing SI cards.

Further details and latest information on the BOK website:

[www.bristolorienteing.org.uk](http://www.bristolorienteing.org.uk)

