



## Bristol Orienteering Klub (BOK) WNL

**Saturday 10 November 2018**  
**Oldbury Court, near Bristol**

- Car Parking:** On dead end road at [ST674771](#) , post code BS16 2QZ. Sign-posted from double [mini roundabout](#) on A4147 Mangotsfield. You can not approach by car from Frenchay as there is not vehicle access over the river. It is fine on foot and by Bike. There is parking for a few cars right at the end of the road when full you will need to turn and head back up to where the road widens out and there is more space. Please do not block any of the local residences.
- Map:** 1:5000 scale 5m contours. Revised 2018. A3 overprinted with course on waterproof paper.
- Terrain:** Parkland and mixed woodland with some holly thickets. Some steep slopes and cliffs along the Frome gorge.
- Courses:** One hour night score event. There will be an odds and evens format. You can choose to do odds or evens first. You can change over wherever you want but you can only change the once. There are a number of controls of yellow standard if your up to an orange course in the day you should be able to find some controls in the hour without too much trouble.
- Registration:** 5.00pm – 6.15pm.
- Start/Closure** 5:30pm – 6:30pm courses close at 7.40 pm.
- Entry Fee:** Junior/students £3.50; Senior £6.00,
- Punching:** SI electronic punching hire - Juniors free; Seniors £1.50; lost SI £30
- Safety:** All competitors take part at their own risk and are responsible for their own safety. No whistle, no go. You need to have some backup lighting as well as a main light ideally a bright head light. In the event of bad weather cagoules may be compulsory so come prepared. Footwear with a good grip is needed especially on the steeper slopes.
- Officials:** Organiser: Ifor Powell, [ifor@iforpowell.com](mailto:ifor@iforpowell.com), 0747 9557944
- Local Attractions** There will be a pub of the night to retire to once done.
- Data Protection:** Your personal information provided for this event or obtained from registration databases will be used to process your entry, publish results, check for missing runners and trace missing SI cards.

Further details and latest information on the BOK website:  
[www.bristolorienteeing.org.uk](http://www.bristolorienteeing.org.uk)

