



BOK Local League &
ASO Individual Championship
Sunday 28 April 2019
Westonbirt National Arboretum
Event Details - Issue 1



- Car Parking:** Visitor Centre car park. Follow signs for Westonbirt Arboretum (GL8 8QS).
- Map:** 1:10000 scale map to include the old arboretum, overprinted with course on waterproof paper.
- Terrain:** Mixed Woodland, some undergrowth but many tracks and paths.
- Courses:** White, Yellow, Orange, Long Orange, Light Green, Green and Blue. String Course also provided. Helpers with 'Ask Me' bibs will assist beginners choose an appropriate course and provide advice.
- Registration:** Registration from 10:00 to 12:00.
- Start/Closure:** Queuing start from 10.30am to 12.45pm. Start times will be pre-allocated if you are entered into the ASO champs. Courses close at 2.00 pm.
- Entry:** Online entry preferred at www.fabian4.co.uk by preceding Thursday. Entrants on the day will need to complete a form, which can be downloaded from [here](#) to save time. Those bringing groups of 10+ please warn the organiser two weeks in advance.
- Details on entries for the ASO Championship to follow.
- Entry:** Senior £6.00 Blue to Orange. White and Yellow courses: £3. Full time students £3
- Punching:** SI electronic punching, with contactless punching for those with SIAC dibbers. Dibber hire: juniors/students free; seniors £1.50. Lost SI dibbers: (contact) £40 and (contactless) £60. All runners must punch the Start and Finish. Limited number of SIAC dibbers for hire.
- Facilities:** Toilets in the visitor centre and Café, First Aid, Maples Restaurant/Café and shop. Please bring your own drink.
- Safety:** All competitors take part at their own risk and are responsible for their own safety. **'No whistle, no go'** will be in force for all Juniors and recommended for Seniors.
- Dogs:** Please keep your dog under control in all areas. Dogs need to be on a lead near the café/shops and in the car parks. Dogs are not allowed in the **old** arboretum and therefore can only accompany you on your run if doing White, Yellow or Orange.
- Officials:** Organiser: Peter Stagg 07980 698696
Planner: Clare Howes
Controller: Alan Honey
- Local Attractions:** Competitors, after their run, may visit the Arboretum without paying the public entrance fee. Supporters and spectators who wish to visit the Arboretum should pay the normal entrance fee or take the opportunity to try an orienteering course.
- Data Protection:** Your personal information provided for this event or obtained from registration databases will be used to process your entry, publish results, check for missing runners and trace missing SI cards.

Further details and latest information on the BOK website:
www.bristolorienteering.org.uk

