



**BOK Urban Orienteering Series 2021**  
**Race no. 1**  
**Wednesday 28th April 2021**  
**Oldland**

- Car Parking:** Parking in Warmley Business Park, BS30 8XT (In the large car park outside of Howdens). Assembly in the adjacent car park of The Clocktower Association.
- Map:** 1:5,000 scale with 2.5m contours. Drawn by Scott Bailey in 2020 with updates in 2021. Waterproof size A3 with courses overprinted. Loose control descriptions will also be available. Newcomers are advised to familiarise themselves with uncrossable features and out of bounds symbols. (if in doubt ask at Assembly)
- Terrain:** Mixture of urban footpaths, parkland, and small wooded areas. If wet weather, trail shoes are recommended (but not metal dobs).
- Courses:** Short (Orange standard) 2.5 km, Medium (Green standard) 4 km, Long (Blue standard) 6.8 km (distances as straight line). Juniors (under 16) must be accompanied by a responsible adult. The short course is suitable for beginners with minimal road crossing; help and advice available on the day.
- Registration:** **BOF members only.** Pre-entry only will be via F4: [www.fabian4.co.uk](http://www.fabian4.co.uk) - there will be no entry on the day. **The closing date for entries will be Wednesday 21<sup>st</sup> April.** Please ensure that your contact details on the BOF database are up to date (for Track and Trace). Start times will be allocated to control numbers and flow. Your entry will be conditional on conforming to extant BOF COVID-19 guidelines available at: [https://www.britishorienteering.org.uk/COVID19\\_Safe\\_orienteering](https://www.britishorienteering.org.uk/COVID19_Safe_orienteering) As a club we reserve the right to prevent participation of anyone deemed not complying with those guidelines. Numbers of entries will be limited to comply with COVID guidelines so, in the words of the late Sir Fred Pontin “book early.”
- Start/Closure** Starts 5.30pm – 7.30 pm. Courses close at 8.30 pm. Start and finish is across the road from assembly (Tower Road North). Please take care when crossing this road.  
Please comply with your allocated Start time (as per Fabian)
- Entry Fee:** Juniors and students £3  
Seniors £6  
Dibbers available for hire – both standard SI and SIAC. £1.50 for seniors; free for juniors and students. Lost dibbers charged at £30 (£50 for SIAC).
- Punching:** SI and SIAC (contactless) electronic punching.
- Facilities:** No toilet facilities available. Assembly will be from the back of a van so that participants will not need to mix indoors. Please bring your own drink for hydration. A first aider will be in attendance.
- Safety:** Please wear reflective or light coloured clothing as drivers are not likely to be used to urban orienteering!

The Blue and Green courses cross a few busy roads. They are planned so that the roads can and should be crossed at safe crossing points (pedestrian traffic islands). Beware of traffic around the suburban streets and you must be respectful to other pedestrians.

**Route choice on the longer courses can include the Bristol to Bath Cycle path – please take care when crossing to avoid cyclists that can be travelling at speed.**

Competitors take part at their own risk and are responsible for their own safety. If traveling alone or with relevant pre-existing medical conditions may wish to notify organiser.

**Dogs:** Dogs can attend with owners, but remember that this is an Urban race, and therefore it is unlikely to be safe to allow your dog off the lead on any of the courses due to road traffic.

**Officials:** Organiser: Scott Bailey. 07771 816002  
Series Coordinator: David Faulkner 07867 537171

**With thanks to the Clocktower Association for permission to use their car park.**

**Data Protection:** Your personal information provided for this event or obtained from registration databases will be used to process your entry, publish results, check for missing runners and trace missing SI cards.

Further details and latest information on the BOK website:  
[www.bristolorienteeing.org.uk](http://www.bristolorienteeing.org.uk)

