



Bristol Orienteering Klub (BOK)

Saturday 3rd April 2021

Pen Hill, near Wells BA5 3LB

This event is open to BOF Members by Pre- entry only

- Background:** Orienteering, an outdoor pursuit run as a time trial, is intrinsically a relatively low risk sport. To allow Orienteering to take place in a safe way for participants, helpers and the general public and to comply with current government requirements, British Orienteering (BOF) has created a set of guidelines that includes a participant code of conduct: we must comply with them in both spirit and letter: https://www.britishorienteering.org.uk/COVID19_Safe_orienteering
- Risk Assessment:** A detailed risk assessment has been made. Flow of participants will be managed to avoid queues and interfaces with helpers minimised. So online results only, no EOD, etc.
- Attendance:** A local event, members of BOK and our neighbouring clubs are welcome. You should not attend if you feel unwell on the day, consider yourself vulnerable or are self- isolating.
- Permissions:** At this time when permissions are difficult, we are particularly grateful to the landowner and tenant farmer.
- Transport:** Avoid public transport if possible and car sharing outside your household group.
- Entries:** Pre-entry only (via, Fabian 4 now open.) Please ensure that your contact details on the BOF data base are up to date (*Track and Trace*). Start times will be allocated to control numbers and flow. Entry is conditional on conforming to BOF code of conduct. **CLOSING DATE IS SUNDAY 28th MARCH**
- Entry Fee:** Seniors: £6. Juniors and students and White/Yellow courses: £3
- Car Parking:** Parking in field. Entrance to field on west side of A39 at Grid Reference ST568488; 1.5km south of junction A39/B3135. Dangerous road – take care. **Sorry no coaches.**
- Map:** Scale 1:10000 scale. Revised 2019. Overprinted with courses on waterproof paper.
- Terrain:** Exposed hill (**305m**) with open fields and woodland. Farm tracks and some paths. Some steep slopes. Barbed wire fences must be crossed at designated crossing points or gates.
- Courses:** White, Yellow, 1 hour Score.
- Registration:** Online entry only at www.fabian4.co.uk by preceding Sunday.
- Starts/Closure** **10:30am – 1.00pm.** Courses close at **2:00 pm.**
- Punching:** SI electronic punching, with contactless punching for those with SIAC dibbers.

Dibber hire: juniors/students free; seniors £1.50. Lost SI dibbers: (contact) £40 and (contactless) £60. All runners must punch the Start and Finish. Limited number of SIAC dibbers for hire.

Facilities: Toilets, BOK First Aid. Please bring your own drink.

Safety: All competitors take part at their own risk and are responsible for their own safety. **'No whistle, no go'** will be in force for all Juniors and recommended for Seniors. Full body cover compulsory and cagoules may be compulsory in bad weather. Keep clear of farm animals and please respect other walkers and horse riders.

Dogs: On a lead and in the parking area only, please – not on courses. This is a working farm.

Officials:

Organiser:	Jackie Hallett BOK (01179869716)
Planner:	Michael Hallett BOK
Controller:	Carol Iddles BOK

Data Protection: Your personal information provided for this event or obtained from registration databases will be used to process your entry, publish results, check for missing runners and trace missing SI cards.

For further details and latest information please check the BOK website:

www.bristolorienteeing.org.uk

